Third Quarterly **Newsletter**



October 2025



Here's what has happened in the last 3 months at Anurvana

We are excited to share Anurvana's third quarter newsletter for 2025 and to reflect on the inspiring journey we've had so far. With continued support from all our wellwishers, we have been able to touch lives and create meaningful change.

This quarter, we celebrated the 14th Dalai Lama ji's birthday with 78 children in Spiti, collaborated with Goonj and Manzil Mystics, and carried out ration distribution for families in need. We also organized a TB awareness boot camp, welcomed Dr. Andreas to Anurvana, and extended support through Muthoot Finance to mothers and people with disabilities. During this quarter, we also came together in the spirit of joy and unity to celebrate Independence Day and Ganesh Chaturthi.

Looking ahead,

we are excited to continue deepening our impact through theatre pedagogy—based sessions and academic classes at our Masti Ki Pathshala in JJR Camp, Okhla, New Delhi.

We are also strengthening our collaborations and look forward to engaging with more partners in the coming months. In addition, Anurvana is preparing to introduce skill development trainings, including computer literacy, film editing, stitching, and costume design, to open new opportunities for the youth..

One of our most anticipated developments is the potential move to a larger space in the next quarter. This would allow us to welcome more children. Finally, we would like to remind our community that Anurvana's work is made possible by your generosity and support. Together, we can create meaningful change and build brighter futures.

"The best way to find yourself is to lose yourself in the service of others." — Mahatma Gandhi

In this newsletter you can explore

Empowering Communities with Muthoot Finance Support

Celebrating the 14th Dalai Lama ji's Birthday with 78 Children in Spiti

Collaborations with Goonj, Manzil Mystics and Robin hood army

A Special Visit: Dr. Andreas at Anurvana

TB Awareness Boot Camp

Independence Day and Ganesh Chaturthi: Celebrating Unity and Tradition

> Ration Distribution: Supporting Families





A Special Visit: Dr. Andreas at Anurvana

Anurvana was delighted to host Dr. Andreas Hünerwadel (President of ASF switzerland) at our learning centre in JJR Camp, where our children and facilitators warmly welcomed him. Two of our students, Mehnaj and Ashish, guided him on a community visit, sharing stories about their livelihoods, daily life, and the challenges of living in the narrow gullies of JJR Camp's industrial establishment.

Later Andreas engaged in meaningful discussions with the team on Anurvana's vision of empowering children and their communities through theatre-based learning. The team shared the next phase plans of Anurvana for setting up computer labs, make-up and stitching courses. These initiatives will not only enrich our theatre pedagogy but also equip children and parents with skills for employment and income opportunities.

The visit was filled with joy and cultural exchange, from learning greetings in different languages to sharing stories of Switzerland and India, and finally celebrating with music and dance where even Andreas joined in!.

We are Grateful to have hosted Andreas and shared with him the transformative passion for the community and learning



Independence Day Celebration

Anurvana proudly celebrated Independence Day with vibrant community participation. The event took place outdoors to welcome children, families, and neighbors to join in the festivities. The day began with the singing of the national anthem, followed by a series of engaging activities.

Children decorated Anurvana and the surrounding premises with tricolour themes, adding a festive spirit to the celebration. They enthusiastically took part in games, patriotic songs, and drawing sessions. The program concluded with the distribution of sweets, bringing joy and togetherness to everyone present.



GANESH CHATHURTHI CELEBRATION

At Anurvana, Ganesh Chaturthi was celebrated with devotion, creativity, and the vibrant energy of our children. The celebration was made truly special as our students crafted their very own Ganpati idol using cardboard, colors, and imagination.

The event, held from 4 PM to 6 PM, brought the entire community together. Children performed songs, dances, and skits, filling the atmosphere with music, joy, and cultural pride. The premises came alive with decorations created by the children themselves, showcasing their creativity and enthusiasm. The celebration concluded with the distribution of prashad to the community.

Empowering Communities with Muthoot Finance's Support



Muthoot Finance Group, as part of their ISR initiative, extended their support to the children of Anurvana and their families by providing educational supplies and wheelchairs.

On September 5th, a total of 50 children enrolled at Anurvana received school kits comprising school bags, notebooks, drawing books, and geometry boxes. In addition, 4 families were provided with wheelchairs, and sarees were gifted to parents.

We at Anurvana are deeply grateful to Vivek Kumar Chaubey (Deputy Manager CSR) and Muthoot Finance for making us a part of their efforts toward creating a positive societal impact through these much needed contributions to underserved communities.







"Your contribution, no matter how small, can create a significant impact. By supporting Anurvana, you directly help improve the lives of children in Delhi's slums."



Two-day TB awareness and check-up camp at Anurvana

On 28th and 30 August, Anurvana, in collaboration with Nehru Nagar TB Hospital, organised a two-day TB awareness and health check-up camp at Anurvana.

Over 150 community members, mostly women informal workers from around Okhla Industrial Estate, participated in the camp. Given the congested housing, narrow lanes, and unhygienic surroundings in JJR Camp, the risk of infectious diseases like TB was evident, making such interventions vital.

The camp focused on:

- 1. Spreading awareness on TB symptoms, prevention, and early diagnosis
- 2. Nutritional guidance to combat TB
- 3. Breaking stigma and taboos around TB
- 4. Free health check-ups for participants

The impact was tangible as some participants tested positive and were immediately referred for treatment. The community's active engagement and trust reinforced the importance of such initiatives.

Together, we are taking small but meaningful steps with our well-wishers and partners toward a healthier and safer future for our children and their community.



Strengthening Our Mission Through Partnerships

This quarter, Anurvana has been fortunate to build meaningful collaborations with organizations that share our vision of empowerment and community well-being. These partnerships have played a vital role in enriching the lives of our children and supporting their families.

- Robin Hood Army: Through this collaboration, we were able to strengthen our ration distribution efforts. With their support, nutritious food and essential supplies reached families facing hardships.
- Manzil Mystics: Our children have been receiving regular music sessions led by the talented fellows of Manzil Mystics. These sessions not only introduce them to the joy of music but also help them build confidence and express themselves creatively.
- Goonj: Goonj's generous contribution of musical instruments and learning resources has opened new avenues for exploration and creativity. These resources have allowed our children to engage more deeply in both academic and extracurricular learning.

Together, these partnerships go beyond material support — they create an ecosystem of care, creativity, and resilience for the children and their communities.





Dalai Lama's 90th birthday and Workshop

On 6th July, Anurvana's founder Aanand Nagvanashi joined the celebrations of His Holiness the 14th Dalai Lama's 90th birthday at Kaza Monastery, Spiti Valley. During the visit, Aanand conducted a theatre workshop with 78 children, engaging them in creative learning and collective joy. The celebration reflected Anurvana's commitment to nurturing young voices and preserving cultural values through it theatre based pedagogy. A student from Munselling School performed a soulful musical piece during the workshop titled "The Buddha," which was a highlight to the spirit of peace and compassion of the occassion.

"Thank you for taking the time to read our newsletter. Your continued support and encouragement inspire us to keep moving forward. Together, we can create lasting change."

-Aanand Nagvanshi