

Fourth Quarterly Newsletter

January 2026 ✦



A Message from Our Founder

Dear Friends and Well-wishers,

As we close 2025, our hearts are full of gratitude and also touched by loss. This year has shown us both the beauty and fragility of life. We have celebrated moments of joy with our children—watching them discover music, play frisbee under the sun, make decisions about their futures, and come together as a family. But we have also learned that our work is deeper than just teaching—it is about holding space for each other through happiness and grief, growth and loss.

This quarter, we lost Avni, a beautiful child who danced and sang in our centre with her sisters. Her passing reminded us why we do this work—because every child matters, every life touches countless others, and our role is to make sure that while they are with us, they feel loved, safe and supported.

As Anurvana grows, we remain committed to this simple truth: a child's potential can bloom when they are given care, space to learn, and a community that believes in them. Whether it is through music, frisbee, life skills workshops or the simple act of serving food on Saturdays, we are building something much larger than classes or programmes—we are building a safety net of compassion.

Thank you for walking this journey with us. Your support is not just funding our work; it is affirming that this community matters, that these children matter, and that together, we can create meaningful change.

With deep gratitude and renewed hope,

Aanand Nagvanshi
Founder, Anurvana

Thank You to Our Supporters

Anurvana's work thrives because of the trust and generosity of our donors, collaborators, and volunteers. This quarter, we thank:

Robin Hood Army for providing weekly meals to 80–100 community members.

Manzil Mystics for bringing music and joy through regular music batches.

Pravah for the My Life Mere Faisle workshop, equipping students with life skills.

LBL for introducing frisbee and energising Sunday play sessions.

Our anonymous donor for supporting the community with 500 bread packets.

Our volunteers and team who show up every day with commitment and care.

Every contribution creates meaningful impact, enabling learning, care, and safe spaces for children in Delhi's slums.

"If we develop concern for other people's welfare and help them, ultimately we will benefit." – Dalai Lama



An Amazing Human, A Brilliant Child

This quarter, we lost one of our brightest stars, little Avni. She was an amazing child, full of joy, curiosity and love for learning. She came to Anurvana with her two sisters to learn dance, music, English and academics, and she always filled the centre with her smile.

In October, Avni suddenly fell ill with a severe fever that affected her brain, and she passed away. Her loss has left a deep emptiness in our hearts, and soon after, her family returned to their village and moved away from Delhi.

We will always remember Avni as a gentle, brilliant child who loved to dance, sing and study with her friends. Our heartfelt gratitude and love go to her, and we pray that her soul rests in peace. Avni will forever remain a part of Anurvana's story.



Gandhi Jayanti and Dussehra: Bursting into Action

Our children, volunteers and team came together not just to celebrate, but to take action. We organised a small cleaning drive in the community where students and volunteers cleaned the lanes, picked up waste and spoke with neighbours about keeping the area clean. During Dussehra, instead of only talking about burning Ravana and bursting crackers, we used stories, performances and discussions to share a different message: "Instead of bursting crackers, let's burst into action – protecting our families, uplifting our communities and cleaning our streets, just like the spirit of Swachh Bharat Abhiyan."

Children shared how they can reduce pollution and take pride in a cleaner neighbourhood. The message was simple – reduce pollution, restore pride, and celebrate with compassion, not combustion. The celebrations ended with songs, smiles and a stronger sense of responsibility toward the community.



Sharing Food, Sharing Hope

Every Saturday, Anurvana is able to serve cooked food to 80–100 people in the community, and this has only been possible because of our kind collaborators and donors. We are deeply grateful to the Robin Hood Army, who provide food every Saturday, helping us reach children, mothers and elderly people with dignity and care.

This quarter, we also received a generous donation of 500 packets of bread, which were distributed across the community. The bread packets reached many households, ensuring that families had something to eat even on difficult days.

Each meal is more than just food; it is a message that the community is not alone. With every plate served, we are building trust, kindness and a stronger support system for those who need it the most.



Sundays of Play: Learning Frisbee

This quarter, Sundays at Anurvana became more energetic and fun with the introduction of frisbee sessions in collaboration with LBL. Every Sunday, students gather to play frisbee, run on the ground, learn new throws and understand what it means to play as a team.

Through frisbee, children are not only getting physical exercise but also learning important life skills like communication, cooperation, respect and fair play. Many of them are playing such a sport for the first time, and the joy on their faces shows how meaningful this new activity is.

These simple Sunday games are helping them become more active, confident and connected to each other.



My Life Mere Faisle: Choosing Our Paths

Recently, Anurvana collaborated with Pravah to organise a seven-day workshop called "My Life Mere Faisle." In this workshop, students explored important life skills such as self-awareness, decision-making, communication, empathy and leadership through activities, discussions and games.

For many participants, it was the first time they were asked to think deeply about their own choices, dreams and responsibilities. They shared their thoughts, listened to others and slowly opened up about their fears and hopes.

At the end of the workshop, students received certificates for completing the program, but more importantly, they left with new ideas about who they are and how they want to shape their future. The workshop has planted seeds of courage and reflection in their minds.



Celebrating Christmas and New Year Together

To close the year, Anurvana celebrated Christmas and New Year with great warmth and joy. More than 100 students and volunteers came together on this special day to sing, dance, play games and spend time as one big family.

The centre was decorated with simple but colourful decorations made by the children. There were group songs, small dance performances, fun games and moments of sharing wishes for the coming year. Refreshments were served, and everyone enjoyed snacks and conversations.

The celebration was not about expensive gifts or big parties, but about togetherness, love and hope. It reminded everyone that even in a small space, with limited resources, a lot of happiness can be created when hearts come together.

Aditi: Leading Learning Beyond Anurvana



Aditi, our centre head at Anurvana, continues to play a very important role in the learning journey of our children. At our JJR Camp centre, she not only manages day-to-day work but also teaches with great patience and care, building strong bonds with students and their families.

This year, her impact has grown even more. We have expanded our reach to GGSS School, Harkesh Nagar, where Aditi now teaches English, Mathematics and Social Studies. Through her classes, she is supporting many more students in understanding their subjects better and building confidence in themselves.

Her work shows how one dedicated person can touch many lives across different spaces. Aditi is helping Anurvana move from one small centre to a wider circle of change.

Anurvana is stepping into a new phase of work focused on deeper learning and stronger livelihoods for youth from slum communities. In the coming months, the team will continue regular arts-based sessions while expanding skill-training programmes in tailoring, computers, filmmaking and basic makeup to help youngsters people move towards dignified work and stable income.

Growing Through Music with Manzil Mystics

Music continues to be a powerful tool of expression at Anurvana, nurturing creativity, confidence, and emotional well-being among our students. With the continued support of our collaborators, Manzil Mystics, we now conduct five regular batches of music classes – three for vocal music and two dedicated to guitar training. Collectively, these sessions engage more than 50 enthusiastic students from the community, offering them a joyful and encouraging space to learn, explore, and grow through music.

Each class is designed to be interactive, educational, and inspiring. Children learn songs, rhythm patterns, and basic music theory while discovering how to express their inner feelings through their voices and instruments. Over time, we have observed remarkable transformations — children who once felt shy or uncertain are now able to sing confidently in front of others, while budding guitarists are learning to keep rhythm and perform with their peers.

For many of them, music has evolved into something far more meaningful than an extracurricular activity. It has become a source of joy, emotional release, self-expression, and a growing sense of identity and belonging within the Anurvana family.



"Thank you for taking the time to read our newsletter. Your continued support and encouragement inspire us to keep moving forward. Together, we can create lasting change."

-Aanand Nagvanshi

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Thank You

