

First Quarterly Newsletter

March 2026 ✦



Quarterly Update: January to March 2026

This first quarterly newsletter captures Anurvana's vibrant journey through January, February, and March 2026 - a period brimming with joyful celebrations, acts of community care, unexpected challenges, well-deserved recognition, and promising new beginnings. At every turn, our work stayed true to its roots: uplifting children, youth, and families from Delhi's underserved communities through dignity, creativity, and unwavering commitment.

From music sessions and frisbee games to life skills workshops and Saturday food distributions, each activity wove deeper purpose into daily life. Moments of pride lifted spirits, while trials tested our resilience—yet they all reinforced a vital truth: collective care, timely support, and shared vision keep hope alive, even in tough times. Through it all, we're not just running classes or programs; we're weaving a safety net of compassion, nurturing every child's potential to bloom with the space to learn, create, and thrive.

Thank you for joining this path with us. Your support goes beyond funding—it's a powerful affirmation that this community matters, these children matter, and together, we're sparking lasting change. With deep gratitude and renewed hope,
Aanand & Sara
Founder, Anurvana

In this newsletter you can explore

1. **Republic Day Celebration** - Honouring the spirit of the nation
2. **Community Eye Check-up Camp** - Restoring comfort and clarity
3. **A difficult transition** - Closure of the previous centre space
4. **New beginning in Harkesh Nagar** - Work continues with hope
5. **Gratitude to an unexpected donor** - Kindness that arrived at the right time
6. **Recognition for music** - Champion of Music in Delhi and NCR
7. **Exposure visit to National Crafts Museum** - Learning beyond the classroom
8. **New collaboration with Kabila Foundation** - Dance as learning and expression
9. **Beacon of Safety session** - Learning protection with care and courage
10. **Upcoming project** - Setting up a computer lab for future skills

If we walk together with care, listen to each other's struggles, and stand beside the most vulnerable, we do not just change their lives - we also grow kinder, stronger, and more human.



Republic Day Celebration - Honouring the spirit of the nation

On 26 January 2026, Anurvana celebrated Republic Day with 38 children and 12 youth at the centre in a warm and joyful way. The celebration was not just about the day; it was also a reminder that every child deserves equality, dignity, freedom, and justice - even the 50 children/youth from our local slum community who often feel left out.

The programme gave children a safe and happy space where they could come together, sing, talk, draw, and share their dreams. For many of them, especially those who rarely attend events outside their lanes, this was a special day that built confidence, a sense of belonging, and a gentle connection with the country. Through simple and heartfelt activities like small flags, short speeches, and drawings of "my India," the day became a moving experience of learning, pride, and shared hope for the children and youth of Anurvana.



Community Eye Check-up Camp - Restoring comfort and clarity

One of the most important community health initiatives during this quarter was the free eye check-up camp organized for local residents. A total of 117 people from the community attended the camp, reflecting a strong need for accessible and affordable eye care services in the area.

Following the screening process, around 80 people received spectacles free of cost. For many families, this was not just a medical intervention but a direct improvement in daily life. Better eyesight can support children in learning, help adults in work and mobility, and bring comfort to older persons who often live with untreated vision difficulties. The camp became a powerful example of how small but focused interventions can create immediate and human-centered impact.



A difficult transition - Closure of the previous centre space

This quarter also brought a difficult challenge for Anurvana. The team had to leave the earlier centre space in JJR Camp, a slum community, because the owner moved there himself and needed the space for personal use. Because of this, the centre had to close for some time.

This was a hard time for the organisation. The centre in JJR Camp had become a safe and important place where children and youth came to learn, meet, and express themselves through creative activities. When a centre closes, it breaks the regular support that many children depend on. Even during this difficult period, the Anurvana team stayed committed and did not stop working for the children and youth. The challenge was real, but the mission of Anurvana continued.

New beginning in Harkesh Nagar - Work continues with hope

Amid this challenge, Anurvana is happy to share an important development: a new space has been found in Harkesh Nagar. Work with children and youth is now continuing from this new location, bringing back continuity, energy, and a sense of stability.

This shift represents more than relocation. It represents resilience. A new centre means that learning, mentoring, art-based engagement, and community support can continue without losing the larger purpose. For the children and youth connected with Anurvana, the reopening of activities in a new space sends a strong message that support systems can be rebuilt, and hope can be renewed.



Gratitude to an unexpected donor - Kindness that arrived at the right time

Anurvana extends gratitude to a donor who came forward unexpectedly to support the community with food, fruits, milk, and stationery materials for children. This generous contribution supported 40 children and their families.

This gesture carried both practical and emotional significance. While food and milk supported daily nourishment and fruits contributed to better health, the stationery enabled children to continue their learning with dignity and confidence.

Beyond the material support, this act of kindness served as a powerful reminder that compassion continues to exist in meaningful ways. In moments of uncertainty, such unexpected gesture becomes impactful.



Recognition for music - Champions Of Music in Delhi and NCR

Anurvana is proud to share that on 28 March 2026, the organisation received the "Champions of Music" award at the Music Education Mela event. This award recognises the work Anurvana is doing to use music and the arts for community growth, youth engagement, and personal development.

The award shows the hard work and care of the entire Anurvana music team and everyone who has walked this journey with the children and youth. Our Co-founder, Aanand, represented Anurvana and received the award on behalf of the team. It felt even more special because the whole Anurvana team was present, supporting and celebrating together.

Anurvana is deeply grateful to Manzil Mystics Foundation for this recognition and encouragement. The award reminds us that arts-based education plays a strong role in social change and that every song, class, and small effort with the children is helping to build a better future. With this honour, the team feels motivated to keep growing and creating spaces where music becomes a voice for healing, hope, and transformation.



Exposure visit to National Crafts Museum - Learning beyond the classroom

During this quarter, 15 students participated in an exposure visit to the National Crafts Museum, where the MEM Music Education Mela was taking place. The visit gave students an opportunity to experience a new cultural environment and engage with learning outside their everyday setting.

Exposure visits are especially meaningful for children and youth from underserved communities because they expand imagination and open new possibilities. Visiting a museum and witnessing a music education event can inspire curiosity, confidence, and creative thinking. For many students, such moments become lasting memories that shape aspiration and encourage them to dream beyond the limits of their surroundings.



Beacon of Safety session - Learning protection with care and courage

Our Co-founder, Sara, conducted an awareness session with 22 children from our old centre.

Through this session, children were introduced to important concepts such as safe and unsafe touch and behaviours, understanding boundaries, identifying trusted adults, and learning how to respond with assertiveness rather than aggression.

The session created a safe & supportive space to engage with a sensitive yet crucial topic in a manner that was thoughtful, caring, and age-appropriate. Conversations around child safety are not always easy - rather necessary. What made this session impactful was its focus on empowering children with the knowledge of protection, consent, and the confidence to speak up. For us at Anurvana, this was not just a session, it was a meaningful step toward building safer and happier childhoods.

New collaboration with Kabila Foundation - Dance as learning and expression

Anurvana is pleased to begin a new collaboration with Kabila Foundation, which is conducting dance classes for the students. This partnership adds an important dimension to the organization's arts-based work with children and youth.

Dance is not only a physical activity; it is also a language of self-expression, discipline, rhythm, teamwork, and joy. Through this collaboration, students are receiving another meaningful platform to build confidence and connect with their bodies and emotions in healthy, creative ways. Partnerships like this help strengthen community programmes and widen the opportunities available to young learners.



Upcoming project - Setting up a computer lab for future skills

Anurvana is excited to share that preparations are underway to set up a computer lab for students. This upcoming initiative is designed to equip children and youth with valuable digital and creative skills that are increasingly important in today's world.

The planned learning areas include basic computer education, filmmaking, video editing, and graphic designing. These skills can support creativity, communication, and future livelihood opportunities. By creating access to digital learning, Anurvana aims to reduce the gap between underserved youth and emerging opportunities in education and the creative economy. This project reflects the organization's continued commitment to preparing young people not only to learn, but also to imagine, create, and lead.

The first quarter of 2026 has reflected the true journey of grassroots community work: celebration, service, disruption, recovery, recognition, and renewed vision. From a Republic Day celebration filled with pride to a health camp that made a difference in 117 lives, from the loss of one centre space to the beginning of another, each chapter has carried both challenge and learning. Anurvana remains deeply grateful to every child, youth, family, supporter, collaborator, and donor who has stood beside this journey. With continued faith, partnerships, and community trust, the work ahead will keep creating spaces of care, creativity, and opportunity for children and youth.



"Thank you for taking the time to read our newsletter. Your continued support and encouragement inspire us to keep moving forward. Together, we can create lasting change."

-Aanand & Sara

To make a donation, please scan the QR code or [click here](#)
Thank You

