

Third Quarterly Newsletter

October 2026 ✦



Quarterly Update: July to September 2026

This third quarterly newsletter reflects ANURVANA's journey through July, August, and September 2026—a period filled with learning, creativity, community participation, and new experiences for our students. Over these three months, children took part in different classes, discussions, workshops, performances, and activities that gave them opportunities to learn, express themselves, and build confidence.

This quarter included several moments that brought students, parents, volunteers, and community members together. From Jashn-e-Kalakari, where students celebrated Independence Day through music, dance, poetry, and speeches, to Saturday Open Discussions, Art & Craft, Computer Classes, and the Seekho Showcase, students continued learning both inside and outside the classroom. We also organised sessions on child safety and menstrual hygiene, while weekly food support helped us continue building a caring environment for our students.

Students also got opportunities to explore beyond the centre through their participation in the OI Chiki International Festival, where they experienced tribal art, culture, music, and performances. Alongside these activities, the support of volunteers, well-wishers, and partner organisations continued to play an important role in making these experiences possible.

As we move into the next quarter, we look forward to creating more opportunities for children to learn, explore their interests, express themselves, and take part in new experiences.

Thank you to everyone who continues to support ANURVANA and be part of this journey. Your time, encouragement, and support help us create more opportunities for our students.

With gratitude and optimism,

Aanand & Sara

In this newsletter you can explore

- Jashn-e-Kalakari: — Students celebrated Independence Day through performances, creativity, and expressions of freedom.
- Saturday Open Discussion (SOD) — Students discussed real-life topics, shared ideas, and learned from different perspectives.
- Art & Craft Class — Students explored creativity through drawing, colouring, crafts, and hands-on activities.
- Seekho Showcase – When 15 children performed on stage and celebrated their learning, confidence, and progress.
- Computer Class – Learning Windows — Students learned basic Windows skills through regular practice and hands-on computer activities.
- Weekly Food Distribution — Every Saturday, Robin Hood Army supports ANURVANA students with weekly food distribution.
- Weekly Food Support — Students receive bananas every Wednesday, along with weekly meal support for one student.
- Child Safety and Awareness Session — Students and parents learned about personal safety, unsafe situations, and seeking help.
- Menstrual Hygiene Awareness Session — Girls and mothers discussed menstrual health, hygiene, questions, and everyday concerns.
- Learning Beyond the Classroom — Students explored tribal art, culture, music, and heritage at the OI Chiki Festival.

"From dreams to possibilities, together we are creating spaces where children and youth can learn, grow, express, and build a better future."



Jashn-e-Kalakari: Celebrating Freedom Through Art

On 15 August 2026, we celebrated Independence Day with “Jashn-e-Kalakari”, a vibrant celebration of freedom, creativity, and the incredible talents of our students.

The event brought together 150–180 students, teachers, volunteers, and parents for a fun afternoon of dance, music, poetry, speeches, and performances. Our students performed with confidence and excitement, showing their creativity and the skills they learned during their journey at ANURVANA.

With 22 performances and 4 student anchors, the celebration became more than just an Independence Day event—it became a space where children expressed themselves, supported one another, and celebrated their unique talents.

From energetic dance performances to soulful singing, thoughtful poetry, and inspiring speeches, every performance reflected the spirit of freedom, expression, and learning.

Jashn-e-Kalakari reminded us that freedom is also about having the confidence to express yourself, explore your creativity, and dream without limits.

At ANURVANA, we continue to believe that every child has a talent waiting to be discovered, nurtured, and celebrated.



Saturday Open Discussion (SOD)

Saturday Open Discussion (SOD) was a weekly session conducted every Saturday at ANURVANA by Vishwajeet Anand Das. In these sessions, 5–10 students came together to share their thoughts, experiences, questions, and ideas. The sessions focused on open conversations and real-life topics, helping students improve their confidence, communication, critical thinking, and self-expression. SOD also provided a friendly and safe space where every student could participate, listen to others, understand different perspectives, and learn from one another. It was a reminder that learning happens not only in classrooms, but also through talking, listening, questioning, and sharing experiences together.



Art & Craft Class – Creating, Learning & Having Fun

At ANURVANA, children get a chance to explore their creativity through our Art & Craft Class, conducted by Chandni. Around 15–20 students from both centres take part in the sessions.

Students enjoy drawing, colouring, paper crafts, and other fun activities. They get to try new ideas, make things with their own hands, and learn different ways of creating art.

The class is not only about art. Children also learn to be patient, focus on their work, share ideas, and help each other.

Most importantly, the sessions give children a happy space where they can enjoy, create, and express themselves freely.

Seekho Showcase – When 15 Children Took the Stage

Seekho Showcase was a special day at ANURVANA, where 15 children got the chance to come on stage and show what they had learned through their classes and practice.

For many students, standing on stage and performing in front of an audience was a new experience. They got a chance to express themselves, share their creativity, and overcome their hesitation.

The children worked hard during their practice and supported each other throughout the preparation. Being on stage helped them build confidence, learn teamwork, and feel proud of their efforts.

It was not just a performance, but a moment for the children to celebrate their learning and progress. 15 children. One stage. Many moments of learning, confidence, and joy.



Computer Class – Learning Windows

The Computer Class is helping students learn the basics of Windows and become more comfortable with computers. The class is conducted by Vishwajeet Anand Das, with 10 students taking part. Students are learning how to use the mouse and keyboard, understand the desktop, open applications, and work with files and folders. They also get time to practise each skill on the computer during the class.

Instead of only learning through explanations, students learn by doing things themselves. This helps them understand computers better and feel more confident while using them.

The aim is to make computer learning simple, useful, and enjoyable for every student.



Menstrual Hygiene Awareness Workshop

Menstrual Hygiene Awareness Workshop for around 30 students. The session was conducted by Anita from Being Foundation, in association with Pinkish Foundation.

The workshop gave students a comfortable space to learn and talk openly about menstruation and personal hygiene. Students learned about healthy hygiene practices, common myths, and the importance of taking care of themselves during periods.

They were also encouraged to ask questions and share their thoughts without hesitation. The session helped students understand menstrual health better and feel more comfortable talking about the topic. We thank Anita, Being Foundation, and Pinkish Foundation for taking the time to conduct this useful session for our students.



Child Safety and Awareness Session

Child Safety and Awareness Session for children and their mothers. The session was led by Sara Tandel, Co-founder of Anurvana and Founder of Mukhlasi. The session helped children learn about personal safety, good and bad touch, personal boundaries, unsafe situations, and how to speak up when they feel uncomfortable or unsafe. Children were also encouraged to approach a trusted adult whenever they need help and never feel afraid to share their concerns. Mothers actively participated in the session along with their children. They learned how to talk openly with their children about safety, listen to their concerns, and support them when they share something uncomfortable or confusing. The session created a safe and open space where children and mothers could learn, ask questions, and talk about safety together. It helped children feel more confident about speaking up and encouraged mothers to play an active role in keeping their children safe.

Learning Beyond the Classroom.

Students got an opportunity to attend the OI Chiki International Festival, a two-day celebration of tribal heritage, art, culture, music, and the OI Chiki script. The festival was organised by the Kabila Foundation in collaboration with the Ministry of Culture, Government of India, at the Amphitheatre, India Habitat Centre, New Delhi.

Day 1 | 26 September:

10 ANURVANA students participated in the "Colours of Heritage" Tribal Art Workshop, where they explored traditional tribal art, colours, motifs, and different forms of creative expression. They also watched a live performance by Neeraj Arya's Kabir Café.

Day 2 | 27 September:

6 ANURVANA students attended the festival and experienced the Tribal Fashion Display, OI Chiki Musical Show, Heritage Guardians Awards, and Folk Music Festival.

Across both days, 16 ANURVANA students took part in the festival. The visit gave them an opportunity to learn about tribal art and culture, explore new forms of creativity, and experience live performances outside the classroom.



Upcoming project - Anurvana Volunteer's Training

We are planning to start a Volunteer Training Programme to help volunteers understand their roles better and prepare them for their work at the centre.

The training will cover areas such as communication, teamwork, classroom engagement, understanding students' needs, and creating a positive learning environment.

Through discussions, activities, and practical sessions, volunteers will have a chance to learn, share their experiences, and understand how they can work more effectively with students.

The programme is planned to help volunteers feel more confident and connected while working with the ANURVANA team and students.

We look forward to starting this programme and learning together as a volunteer community.

The third quarter of 2026 has been a period of learning, creativity, participation, and community engagement at ANURVANA. From celebrating Independence Day through Jashn-e-Kalakari and creating spaces for open conversations through Saturday Open Discussions, to continuing Art & Craft and Computer classes, students have had many opportunities to learn and express themselves. We also conducted Child Safety and Menstrual Hygiene sessions, continued our weekly food support, and gave students opportunities to explore art, culture, and music through experiences beyond the classroom.

ANURVANA remains grateful to every child, parent, volunteer, partner, supporter, and donor who continues to be part of this journey. Their time, encouragement, and support help us create spaces where children can learn, participate, express themselves, and grow with confidence. As we move into the next quarter, we look forward to creating more opportunities for learning, creativity, and meaningful experiences for our students.



"Thank you for taking the time to read our newsletter. Your continued support and encouragement inspire us to keep moving forward. Together, we can create lasting change."

-Aanand & Sara

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